Volunteer Reminders

GREETERS & USHERS

March 5Janice HuttonMarch 12Carole & Donnie BarronMarch 19Betty KiepMarch 26Anita RabyApril 2Steve Turner

CONTACT VISITORS

March 5Steve & Paulette TurnerMarch 12Mae ToddMarch 19Betty KiepMarch 26Jean MooreApril 2Carole Barron

WORSHIP ASSISTANT

March 5Sandra McDonaldMarch 12Stan CrockettMarch 19Carole BarronMarch 26Anita RabyApril 2Sandra McDonald

Volunteer Reminders

TIME FOR YOUNG DISCIPLES

March	5	Tom Lewis
March	12	Tom Lewis
March	19	Tom Lewis
March	26	Tom Lewis
April	2	Tom Lewis

ANNOUNCEMENTS

If you can't worship with us in person, you can view Pastor Tom's sermon on the website at cpc-Athens.com.

Session Meeting March 12th, 2:00 p.m.

Saturday, March 11th at 5:00 p.m., please join us for a Spaghetti supper and game night. There is a signup sheet on the bulletin board to sign up for what you would like to bring.

We need your favorite spaghetti dish, salads, desserts, breads and drinks.

Also, bring any games or cards that you would like to play. Let's plan on having a fun evening.



Seeking, Serving, Sharing Christ March 2023

Copeland Presbyterian Church 27085 Copeland Rd. Athens, AL 35613

FROM TOM'S DESK

I'm excited about some of the things happening at Copeland Presbyterian Church this spring. Our Fellowship committee has met and decided to put together a calendar of events for this year. We have had a few events since the pandemic, but this is the first time in a long time that we have gotten back to a regular schedule. One thing that's going to be different is that not all of the events will be potluck. Some of them will be provided meals. The Fellowship committee has put together some fun events, so let's be sure and come to support the good work they're doing.

Three of our youth have been taking our confirmation class and we're going to be offering them the opportunity to join the church Easter weekend. We've also begun Sunday School for our youth.

We're hoping that the choir is going to be singing again on a regular basis. We've talked about doing that. Stay tuned for further developments on that front.

It's a great thing to see our church finally get back to some sense of normalcy. I hope and pray you will come and take advantage of these opportunities.

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LENT PRAYER FOR STRENGTH & GUIDANCE

Lord God Almighty, shaper and ruler of all creatures, we pray for your great mercy, that you guide us towards you, for we cannot find our way.

And guide us to your will, to the need of our soul, for we cannot do it ourselves. And make our mind steadfast in your will and aware of our soul's need.

Strengthen us against the temptations of the devil, and remove from us all lust and every unrighteousness, and shield us against our foes, seen and unseen.

Teach us to do your will, that we may inwardly love you before all things with a pure mind. For you are our maker and our redeemer, our help, our comfort, our trust, our hope; praise and glory be to you now and forever.

Source: Alfred the Great, 9th century

MISSIONS

Limestone County Churches Involved - LCCI

The demand for food distribution at LCCI is great, so please continue to donate as you can, whether it be food items or monetary, everything is welcome. Some items needed: instant potatoes, rice, mac & cheese, pancake mix & syrup and bar soap. And remember the homeless with individual size food items that have pop tops.

Monetary donations can be placed in the offering plate and designated to go to LCCI.

If you have questions about LCCI, please see Carol Barts.

Backpack Project

We continue to collect individual sized food items for the weekend backpacks. Please place this food in the Fellowship Hall closet. March 20th we will be purchasing gift cards for the families for Spring Break. We have added a couple of new families, so the need is greater. If you'd like to donate to this, please indicate the amount on your check and Stan will take care of it. Thanks to all who have and continue to give. See Carole Barron or Mae Todd.



PRAYER FOR YOUNG PEOPLE

Our Father, You are so wonderful and we worship you. You are the source of a river of love and grace that transforms the world. We offer you our young hearts, minds and bodies. Help us to grow in the goodness of your kingdom. May we shine out in times of darkness, Stand safely upon the truth and not be shaken, And see your vision for the world and follow vou. Come use our energy to care for the lost. Come take our creativity to meet with the brokenhearted, Come use our youthfulness to bring joy and peace, And your hope to bring light to everyone. Amen.

Read more at: <u>https://www.living-prayers.com/</u> <u>children/prayer for youth.html</u>

Pastor Rev. Tom Lewis

Session

Class of 2023 Susanne Slaten Ed Taylor Class of 2024 Anita Raby Sandra McDonald Class of 2025 Carol Barts Bill Johnson Clerk of Session

Ministry Team/ **Committee Leaders**

Building and Grounds Ed Tavlor **Children's Mission** Susanne Slaten **Christian Education** Sandra McDonald Missions Carol Barts Outreach/Fellowship Susanne Slaten/ Presbyterian Women Susanne Slaten Scholarship Susanne Slaten Security Team Bill Johnson Stephen Ministry Cindy Saseen Worship Anita Raby

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D D D D	March	5	Lynn Johnson	D D D D		
D D D D	March	13	Emily Joy Johnson	D D D L		
D D D	March	15	Dot Fogg	D D D		
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D D D D	March	15	Jack Redmill	DODA		
DODA	March	18	Brenda Gilmore	D D D D I		
D D D D	March	21	Jessica Kiep	D D D D		
D D D	March	26	Bill Johnson	D D D		
a a a	March	29	Ken Turner	a a a a		
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Betty & Pete Kiep

Edith & David Howgate

March

March

11

28

⊕⊕⊕⊕⊕⊕⊕⊕⊕⊕⊕⊕⊕⊕⊕⊕ **STEPHEN MINISTERS** ₽ A COMPASSIONATE APPROACH TO HOLIDAYS For some people, holidays are about Ð

 \oplus celebrating or enjoying lighthearted times with friends and family. But for those grieving the loss of a spouse or family member, dealing with a divorce or break-up, facing a long-term Φ separation, or otherwise feeling alone, a holiday can have a bitter taste. **⊕⊕⊕⊕⊕⊕⊕⊕**⊕

A Listen between the lines. If someone makes a comment about an upcoming holiday that hints at feelings of sadness or negativity, \oplus gently and nonjudgmentally follow up. A simple "Tell me more about that" lets them \overline{A} know you're willing to listen.

Treat the person's feelings seriously. People may experience a variety of difficult 🕀 emotions on holidays. Treating their feelings \triangle as valid gives them permission to share whatever they need and want to share. **Avoid clichés.** There are plenty of clichés Ψ about holidays , so be on quard. Saying something like "God has someone for you" or "You'll find another" will likely only add to their $\overline{\Phi}$ difficult feelings about the holiday.

Don't pressure someone to "cheer

up." Trying to push someone to "get into the spirit of the holiday" often leaves them feeling worse and communicates that they shouldn't feel the way they do. Whether someone is sad or lonely, bitter or angry, a better approach is \oplus to be a caring, listening presence.

No matter the person's situation, your care can make a real difference. People may not think about those for whom holidays aren't particularly a happy time, so your willingness \oplus to relate with compassion may be a welcome $\overline{\mathrm{A}}$ surprise for someone expecting to suffer \mathbb{X} silently. Leaders: Mae Todd or Cindy Saseen